

SCOUTS

	Explorer 1	Explorer 2
Friday	18:30 -20:00	Arrive Ardnavalley
	20:00-21:00	Pitch Tents and unpack
	21:00-22:00	Collect Supper & Breakfast -- Prepare Supper
	22:00-23:00	Camp Fire
	23:00-24:00	Bed & Leaders Meeting
Saturday	00:00-07:30	<b>SLEEP</b>
	07:30-9:00	UP, Breakfast, Make Packed Lunch. Clear Up
	09:00-9:30	Pioneering Competition
	9:30-10:00	Pioneering Competition
	10:00 - 10:30	Tracking Skills
	10:30 - 11:00	Emergency Bracelet
	11:00 - 12:00	Survival Skills
	12:00 -12:30	LUNCH
	12:30-13:00	LUNCH
	13:00 - 13:30	Travel to B.A.C.
	13:30 -14:00	Leap of Faith / High Abseil
	14:00 - 15:00	Leap of Faith / High Abseil
	15:00 - 15:30	CAVING
	15:30 -16:00	CAVING
	16:00-16:30	Travel back to Ardnavalley
	16:30 - 17:00	EAT TEA - Provided
	17:30-18:30	Travel to Sea Kayaking
	18:30 -19:00	Sea Kayaking
	19:00 -20:00	Rope Games
	20:00-21:00	Improvised Stretchers + 1st Aid race
	21:00-22:00	Travel back to Ardnavalley
	22:00-23:00	Camp Fire
	23:00-24:00	Chill Time
Sunday	00:00-07:30	<b>SLEEP</b>
	07:30-9:00	UP, Breakfast, Make Packed Lunch. Clear Up
	09:00-10:00	ORGANISE KIT FOR ACTIVITIES FOLLOWED BY ---SCOUTS OWN---
	10:00 - 10:30	Travel to Shaw's Bridge. Safety Brief
	10:30 - 11:00	Kayaking
	11:00 - 11:30	Kayaking
	11:30-12:00	Kayaking
	12:00-12:30	Minibus to Ardnavalley - Quick Show
	12:30 - 13:00	Minibus to Ardnavalley - Quick Show
	13:00 - 13:30	Shower & Changed
	13:30 - 14:00	LUNCH
	14:00 - 14:30	Archery / Fire lighting skills
	14:30 - 15:00	Archery / Fire lighting skills
	15:00 -15:30	Off Road Biking
	15:30 - 16:00	Off Road Biking
	16:00-16:30	Orienteering
	16:30-17:00	Orienteering
	17:00-17:30	EAT TEA - Provided
	17:30 -18:30	COOK & EAT TEA. CLEAR UP
	18:30 - 19:00	Travel to Sea Kayaking
	18:30 - 19:00	Sea Kayaking
	19:00 -20:00	Chill
	20:00-21:00	Chill
21:00-22:00	International Limbo Conga Musical Hula Circus Party	
22:00-23:00	Travel back to Ardnavalley	
22:00-23:00	Camp Fire	
23:00-24:00	Supper	
Monday	00:00-07:30	<b>SLEEP</b>
	07:30-9:00	UP, Breakfast, Make Packed Lunch. Clear Up
	09:00-10:00	Pack & Strike Camp
	10:00-11:00	Final Site Clear & Tidy
	11:00-12:00	Cycle from Ardnavalley to Lagan Island
	12:00-13:00	Leaders go home to bed